

SERMON NOTES FOR KIDS - November 8, 2020

(For ideas for how to set up church at home for young families, refer to "Growing your Faith Garden" at <http://eastminster.ca/wp-content/uploads/2020/10/Growing-Your-Faith-Garden.pdf>)



Good morning Eastminster friends! Happy Sunday Morning! I hope you are all cozy in your living rooms and ready for church at home! If you haven't really 'done' church at home before, be sure to check out the link above so you can set up a Sunday routine, along with the online church service, to help your family grow in faith! These sermon notes are meant to be read to you (or by you) before Pastor David gives his sermon. And then during the sermon you can colour and think about the lesson, while "your adults" listen to Reverend David talk about the Bible passage for today. We are really happy that you are joining us!

This week Pastor David is going to talk some more about the book of Philippians. It is such an encouraging book in the Bible! We actually already talked about life like a "race" last week in our sermon notes for kids, and I think Pastor David is going to talk a little about that to the adults today too. (Remember your running shoes colouring page?) But he is also going to talk to the adults about Remembrance Day, because that special day is this week, on the 11th of November! So maybe a good focus today is the word REMEMBER.

Why is it important to REMEMBER? How do you REMEMBER important things in your life?

Have you ever made a list of things that you want to remember? Some adults make a grocery list so they don't forget anything when they get to the grocery store. Without a list it can be very easy to get distracted. What things distract you when you go to the grocery store? Is it the cereal aisle? The snack aisle? Or the cookie aisle? Sometimes even when adults go to the store without a list, they might shop with their "belly" instead! They might get home and realize that they just bought what their belly wanted at that moment and then some meals might have some missing ingredients that week! So, writing a list is a very handy way to remember things like groceries.



There are other ways to keep ourselves from forgetting things too. Maybe at your house you write on a calendar on the wall to remember when soccer is, or when Grandma's birthday is.

At church we do something to help us remember. It is a ceremony called "Communion". A couple thousand years ago, Jesus had a special meal with His friends the disciples. He gave them bread and wine, and he told them to do this to remember Him later when He was gone, and this simple ceremony has been done in many churches ever since. We eat bread and drink special juice to remember that Jesus said He was the Bread of Life and that his love is for everyone. And when we accept the bread and juice we are accepting that love. It is even more special when we know others are having communion at the same time, because it reminds us that we are all a part of God's family. The word "communion" actually means to share together!

But what about Remembrance Day? When we say "We Remember" on Remembrance Day, what does that mean? How can we remember something that we didn't experience ourselves? We have never fought in a war, how can we "remember"? Why do we have a day every year where we wear poppies and listen to The Last Post song and when people wear their military uniforms with all their badges?

Well, just like we make a list to remember certain things, on Remembrance Day we wear a poppy and have special ceremonies to remember that people have given up a lot for our freedom. The poppy we wear, and the special song that is played and the moment of silence help us to focus on something really important for one day. It is kind of like a different kind of Thanksgiving Day, where we show our gratitude for people who do a really difficult but important job, keeping our country safe and peacekeeping around the world and standing up for what is right.

One word we hear used a lot on Remembrance Day is PEACE. At Eastminster we wish you and your family PEACE today and God's blessings. Here is a great song to listen to sung by kids from all around the world.

<https://www.youtube.com/watch?v=uiWZXLsdE9w>

The next page is a colouring page that you can colour while your adults listen to Reverend David talking. We would love to see your colouring, if you would like to share it with us, send it to admin@eastminster.ca.

Have a great week friends! God's Blessings and Peace to you all!

